

RORY'S

KITCHEN MENU

MASHPEE COMMONS 774.361.6075
 DENNIS PORT 508.760.3044
 ORDER ONLINE OMORGANICMARKET.COM

WE USE ONLY CERTIFIED ORGANIC
 AND/OR NON-GMO INGREDIENTS!

JUICE 12 oz | 20 oz

- Green Love** ^{V G} 6.99 | 9.99
kale, spinach, cucumber, green apple, lemon, ginger
- Beauty Green** ^{V G} 6.99 | 9.99
kale, cucumber, cilantro, red apple, pineapple, lime
- Immunity** ^{V G} 6.99 | 9.99
carrot, celery, beet, red apple, lemon, ginger
- GOLD GODDESS** ^{V G} 6.99 | 9.99
grapefruit, pineapple, lemon, ginger, turmeric
- CELERY** ^{V G} 6.99 | 9.99
celery, lemon, ginger

ELIXIRS over ice in 20 oz cup

- Lemon Luster** ^{V G} 7.99
lemon, ginger, coconut water or filtered water, agave, cayenne
- ready to reset** ^{V G} 7.99
lemon, lime, filtered water, activated charcoal, stevia
- Watermelon Lemonade** ^{V G} 7.99
lemon, watermelon, stevia or maple syrup
- LUSH LEMONADE** ^{V G} 4.99
filtered water, lemon, lavender, blueberry, cane sugar
- HIBISCUS HEAVEN** ^{V G} 4.99
filtered water, hibiscus, lemon, rose hips, orange peel, lemongrass, cane sugar

SUPERFOOD BOWLS

- açaí or dragonfruit** ^{V G} 9.99
açaí or dragonfruit base blended with milk choice, topped with:
berries, banana, shredded coconut, chia, gf granola
- + ALMOND OR PEANUT BUTTER 2.00

MILK CHOICES: COCONUT, ALMOND, SOY, HEMP, DAIRY

WELLNESS SHOTS 1oz | 2oz

- Wheatgrass** ^{V G} 2.99 | 4.99
- Turmeric** ^{V G} 3.99 | 6.99
- Ginger** ^{V G} 1.99 | 2.99
- SHOT FLIGHT** ^{V G} 7.99
1 oz each of pure wheatgrass, turmeric, and ginger juice

COFFEE 12 oz | 20 oz

- HOUSE COLD BREW** ^{V G} 2.99 | 4.49
organic house-chosen beans, cold brewed 24 hrs, with creamer choice, over ice
- KETO COLD BREW** ^{V G} 4.99 | 6.49
organic house cold brew, mct oil, creamer choice, over ice
- CBD COLD BREW** ^{V G} 4.99 | 6.49
organic house cold brew, cbd oil, creamer choice, over ice

V - VEGAN
 G - GLUTEN CONSCIOUS

BEFORE ORDERING PLEASE INFORM US IF
 ANYONE IN YOUR PARTY HAS A FOOD ALLERGY

SMOOTHIES 12 oz | 20 oz

- KETO-ISH** ^{V G} 7.99 | 10.99
avocado, zucchini, spinach, blueberry, mct oil, lemon, hemp seed, coconut milk
- ROOTS+FRUITS** ^{V G} 7.99 | 10.99
raspberry, mango, lemon, beet, ginger, turmeric, apple juice, coconut water
- PINK DRAGON** ^{V G} 6.99 | 9.99
banana, mango, pineapple, strawberry, dragonfruit, coconut water
- JUST CHILL** ^{V G} 7.99 | 10.99
pineapple, banana, spinach, shredded coconut, cbd, milk choice
- PALEO POWER** ^{V G} 7.99 | 10.99
banana, avocado, almond butter, cacao, maca, milk choice
- CACAO BOOSTER** ^{V G} 5.99 | 8.99
banana, cacao, maca, milk choice
- mango tango** ^{V G} 5.99 | 8.99
mango, banana, celery, spinach, ginger, coconut water, apple juice
- O.M.G. "OH MY GREENS"** ^{V G} 5.99 | 8.99
kale, spinach, pineapple, lime, spirulina, coconut water or milk

KIDS SMOOTHIES 12 oz | 20 oz

- monster c** ^{V G} 5.99 | 8.99
strawberry, banana, orange juice
- BERRY BASICS** ^{V G} 5.99 | 8.99
strawberry, wild blueberries, raspberries, banana, milk choice
- FUNKY MONKEY** ^{V G} 5.99 | 8.99
banana, cacao, peanut butter, milk choice

BOOSTERS

- | | | |
|------------|--------------------|-----------------|
| 1.50 ea | 2.00 ea | 2.50 ea |
| AVOCADO | ALMOND BUTTER | PROTEIN POWDERS |
| CHIA SEEDS | PEANUT BUTTER | MCT OIL |
| HEMP SEEDS | SPIRULINA | CBD |
| CACAO | ACTIVATED CHARCOAL | |
| MACA | | |
| COLD BREW | | |

BREAKFAST

served all day

PALEO BREAKFAST BOWL ^G	8.99
2 eggs, bacon, avocado, over sautéed spinach	
BACON, EGG, CHEESE	6.99
bacon, egg, sharp cheddar, on local brioche bun	
EGG + GREENS	6.99
egg, sautéed spinach, feta, on local 7 grain bun	
+ BACON	3.00
+ FRIED EGG	2.00
+ AVOCADO	1.50
+ GF BREAD	1.00

AVOCADO TOAST

served all day

THE OG ^V	4.99
with salt + pepper	
THE WORKS	8.99
with bacon, egg, feta, chili flakes	
SUMMER TOAST ^V	7.99
with heirloom cherry tomatoes, pea shoots, lemon juice	

HOT BOWLS

served after 10:30am

COCONUT LOVES TURMERIC ^{V G}	10.99
roasted cauliflower, broccoli, sweet potatoes, rainbow bell peppers, in a coconut turmeric curry sauce, with sautéed spinach, over wild rice	
KOREAN TOFU BOWL ^V	10.99
marinated tofu, miso broccoli slaw, sesame seeds, scallions, korean bbq sauce, over wild rice	
TURKEY CHILI ^G	8.99
medium-heat with ground turkey and veggies, topped with avocado and sharp cheddar	
VEGGIE CHILI ^{V G}	8.99
southwest style with three beans and veggies, topped with avocado and sharp cheddar or vegan cheese	

SALADS

CHOPPED ^G	11.99
baby gem lettuce, avocado, bacon, blue cheese, roasted corn, tomato, red onion, tossed in green goddess dressing	
VEGAN CHOPPED ^{V G}	11.99
baby gem lettuce, avocado, marinated tempeh, vegan cheese, roasted corn, tomato, red onion, tossed in green goddess dressing	
CRUNCHY VERDE ^G	10.99
baby gem lettuce, fajita chicken, avocado, cherry tomato, red onion, sauteed corn, crushed corn chips, with salsa verde dressing	
VEGAN CRUNCHY VERDE ^V	10.99
baby gem lettuce, fajita chick'n, avocado, cherry tomato, red onion, sauteed corn, crushed corn chips, with salsa verde dressing	
THAI SUNRISE ^{V G}	9.99
baby gem lettuce, green cabbage, thai cashews, carrot, bell pepper, cucumber, scallions, grapefruit, citrus vinaigrette	
+ GRILLED CHICKEN	4.00
+ CHICKEN SALAD	5.00
+ BACON	3.00
+ FRIED EGG	2.00
+ AVOCADO	1.50

SANDWICHES

with kimchi or pickle side

SLAWESOME WRAP ^V	8.99
green cabbage, carrot, broccoli slaw, tomato, bell pepper, pea shoots, chipotle spread, grilled on wheat wrap	
C.L.C. ^V	9.99
marinated tempeh, avocado, vegan cheese, baby gem lettuce, tomato, pesto spread, grilled on local 7 grain bread	
SPICY CHICK	9.99
grilled fajita chicken, avocado, tomato, baby gem lettuce, chipotle spread, grilled on local brioche bun	
B.L.A.C.	9.99
bacon, baby gem lettuce, avocado, tomato, mayo, grilled on local white french bread	
TURKEY CLUB	10.99
turkey breast, sharp cheddar, bacon, baby gem lettuce, tomato, pickles, mayo, grilled on local 7 grain bread	
+ GF BREAD	1.00
+ AVOCADO	1.50
+ BACON	3.00

KIDS SANDWICHES

on 7 grain bread

PB + J ^V	5.99
TURKEY + CHEESE	5.99
ALMOND BUTTER + BANANA ^V	5.99
GRILLED CHEESE ^V	5.99
sharp cheddar or vegan cheese, on local white french or 7 grain bread	
+ GF BREAD	1.00
+ AVOCADO	1.50
+ BACON	3.00